



Charter School 2016

MON	TUE	WED	THU	FRI
<p>2</p> <p>Breakfast: Blueberry Muffin with Fruit</p> <p>Lunch: Cajun Mac & Cheese, Green Salad</p>	<p>3</p> <p>Breakfast: Waffles with Fruit</p> <p>Lunch: Chicken Chow Mein V: Veggie Chow Mein</p>	<p>4</p> <p>Breakfast: Assorted Cereal with Fruit</p> <p>Lunch: Homemade Pepperoni Pizza Pocket V: Cheese Pizza Pocket</p>	<p>5</p> <p>Breakfast: Banana Bread with Fruit</p> <p>Lunch: Steak Sandwich with Grilled Veggies V: Grilled Veggie Sandwich</p>	<p>6</p> <p>Breakfast: Pancakes with Fruit</p> <p>Lunch: Teriyaki Chicken with Brown Rice & Veggies V: Tofu Teriyaki</p>
<p>9</p> <p>Breakfast: Cereal w/Banana</p> <p>Lunch: Penne Bolognese, Garlic Bread, Green Salad V: Penne Pasta w/ Marinara</p>	<p>10</p> <p>Breakfast: Apple Cinnamon Muffin with Fruit</p> <p>Lunch: Posole, Fresh Fruit V: Vegetable Soup with Fruit</p>	<p>11</p> <p>Breakfast: Cheese Quesadilla with Fruit</p> <p>Lunch: Hamburger w/Baked Fries and Fruit V: Veggie Burger</p>	<p>12</p> <p>Breakfast: Arroz con Leche with Fresh Fruit</p> <p>Lunch: Tinga Tostada, Fresh Fruit, Salsa, Cabbage, Cheese V: Grilled Cheese Sandwich</p>	<p>13</p> <p>Breakfast: Fruit and Yogurt</p> <p>Lunch: Baked Veggie Pasta with Green Salad</p>
<p>16</p> <p>Breakfast: Assorted Cereal with Fruit</p> <p>Lunch: Cheese Quesadilla with Grilled Veggies</p>	<p>17</p> <p>Breakfast: Chilequiles with Beans</p> <p>Lunch: Caldo de Pollo and fruit V: Vegetable Soup</p>	<p>18</p> <p>Breakfast: Bagel w/Low-fat Cream Cheese</p> <p>Lunch: Chicken Jambalaya V: Veggie Jambalaya</p>	<p>19</p> <p>Breakfast: Brown Sugar & Cinnamon Oatmeal with Raisins</p> <p>Lunch: Baked Chicken Legs with Mashed Potatoes V: BBQ Tofu</p>	<p>20</p> <p>Breakfast: Cereal w/Banana</p> <p>Lunch: Turkey Meatloaf Muffin V: Grilled Veggie Sandwich</p>
<p>23</p> <p>Breakfast: Blueberry Muffin with Fruit</p> <p>Lunch: Cajun Mac & Cheese, Green Salad</p>	<p>24</p> <p>Breakfast: Waffles with Fruit</p> <p>Lunch: Chicken Chow Mein V: Veggie Chow Mein</p>	<p>25</p> <p>Breakfast: Assorted Cereal with Fruit</p> <p>Lunch: Homemade Pepperoni Pizza Pocket V: Cheese Pizza Pocket</p>	<p>26</p> <p>Breakfast: Banana Bread with Fruit</p> <p>Lunch: Steak Sandwich with Grilled Veggies V: Grilled Veggie Sandwich</p>	<p>27</p> <p>Breakfast: Pancakes with Fruit</p> <p>Lunch: Teriyaki Chicken with Brown Rice & Veggies V: Tofu Teriyaki</p>
<p>30</p> <p>Breakfast: Cereal w/Banana</p> <p>Lunch: Penne Bolognese, Garlic Bread, Green Salad V: Penne Pasta w/ Marinara</p>	<p>31</p> <p>Breakfast: Apple Cinnamon Muffin with Fruit</p> <p>Lunch: Posole, Fresh Fruit V: Vegetable Soup with Fruit</p>			